



# HIGH SCHOOL ATHLETES- SPRING SEASON IS HERE!!

## Tennis

Head Coach Joseph Szwaja [Joseph\\_szwaja@dpsk12.org](mailto:Joseph_szwaja@dpsk12.org)

Tryout dates: March 1<sup>st</sup>-2<sup>nd</sup> at the Montbello Courts.

Practice days and times: Monday-Friday at Montbello courts 3:45pm to 5:30pm

## Girls Soccer

Head Coach Ray Vergara [Jvcopa0808@comcast.net](mailto:Jvcopa0808@comcast.net)

February 8, 9 at the Montbello Rec center 4pm to 5pm. Conditions workout.

February 12 thru 16 at the Montbello Rec-center 4pm to 5 pm. Conditions workout with Coaches.

February 19 thru 23 at the Montbello Rec-center 4pm to 5pm. Team workouts with Coaches.

February 26 season starts with a mandatory meeting before practice. Montbello Rec center 4pm to 5pm.

Tryouts on February 28, 29 at Montbello Rec-center 4pm to 5pm.

March 01 team roster for Varsity and JV at 4pm.

## Track and Field

Head Coaches (Boys Tony Lindsay Sr.) [Hughanthony2002@yahoo.com](mailto:Hughanthony2002@yahoo.com)

(Girls Ashley Richardson) [Ashley\\_Richardson@dpsk12.org](mailto:Ashley_Richardson@dpsk12.org)

Open workouts begin Feb 21<sup>st</sup> 4:20pm to 5:30pm

Official practice will start Monday Feb. 26, at 4:20pm to 5:3pm.

## Coed Cheer

Head Coach Eno Okansey [enockina\\_ocansey@dpsk12.org](mailto:enockina_ocansey@dpsk12.org)

Try It Workouts– March 5,6,7 (5-7PM) @Montbello campus auxiliary gym

Tryout Clinics-April 2nd-6th (5-7PM) @Montbello campus auxiliary gym

Tryouts-April 7th (9-11AM)

## Rugby (Girls team and Boys team)

Head Coach Corey Carter

[montbellowarriorsrugby@gmail.com](mailto:montbellowarriorsrugby@gmail.com) /720.772.7406

Facebook-@Montbellowarriorsrugby

Practices: Tuesday, Wednesday, Thursday-4-6PM

Practices held at Montbello Central Park Soccer Fields

Practices are taking place currently

## Baseball

Head Coach Shive-

[wjshive@aol.com](mailto:wjshive@aol.com) /303.947.2002

Feb. 26th –Juniors and seniors @ HiTech 4:30-6PM

Freshmen and sophomores at MLK @ 4:30-6PM

Feb. 27th-March 2nd-tryouts from 4:30-6PM

Freshmen and Sophomores tryout at @ DMLK

Juniors and seniors tryout at HiTech